



AYSO AREA 11-K

2025-2026

RULES AND REGULATIONS

Region 5	<i>Fountain Valley</i>
Region 55	<i>North Huntington Beach</i>
Region 56	<i>South Huntington Beach</i>
Region 117	<i>Central Huntington Beach - Fountain Valley</i>
Region 143	<i>West Huntington Beach - Westminster</i>

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1. GENERAL

- 1.1. All inter-Regional/Area games played in Area 11-K shall be conducted in accordance with AYSO National Rules and Regulations, Section 11 Rules and Regulations, Area 11-K Rules and Regulations, and the FIFA Laws of the Game and International Football Association Board Decisions, as contained therein, with all applicable AYSO modifications and Rules of Competition.
- 1.2. The Area 11-K Rules and Regulations are intended to complement or cover situations not adequately addressed by other prevailing Laws, rules and regulations.
- 1.3. Any situation or subject not covered by such Laws, rules and regulations shall be decided by the Area Director.
- 1.4. The Area Director shall have the authority to grant exceptions or waivers to the Area 11-K Rules and Regulations.
- 1.5. The authorities and responsibilities of the Area Director, as defined in the Area 11-K Rules and Regulations, may be delegated to a third person at his/her discretion.
- 1.6. The administration of all inter-Regional play shall be approved by the Area Director.
- 1.7. The Regional Commissioner shall have jurisdiction over all games played in his/her Region, and shall be responsible for the coordination of his/her respective Region in all inter-Regional/Area play.
- 1.8. In the event a dispute between two or more Regions that can not be resolved through mutual agreement between the respective Regional Commissioner(s), the Area Director shall resolve the dispute through mediation or an executive ruling, should mediation fail.
- 1.9. The rules and regulations governing play between Areas shall be determined by the Section 11 Director or the Area Directors participating in such inter-Area games.
- 1.10. Area 11-K shall maintain a checking account which will fund the Area 11-K programs. Area 11-K may also maintain a separate account for any tournaments it sponsors. All bank accounts, financial records, and financial practices shall be conducted or maintained in accordance with the National Accounting Program (NAP) and the AYSO Financial Policy.

2. AREA BOARD

- 2.1. The Area 11-K Board shall consist of the Executive Members and Area Staff Members.
 - 2.1.1. The Executive Members are the Area Director and the Regional Commissioners, which together constitute the voting members of the Area 11-K Board.
 - 2.1.2. The Area Staff shall include the following positions: Treasurer, Coach Administrator, Referee Administrator, and Safety Director.
 - 2.1.3. The Area Staff may also include the following positions: Assistant Area Director, Scheduler, EXTRA Coordinator, U16 & U19 Director, EPIC Administrator, Management Administrator, Secretary, CVPA, Registrar, Spring Coordinator, Tournament Director, Assistant Referee Administrator, Director of Referee Assessment, Director of Referee Instruction, Director of Referee Mentoring, Youth Referee Administrator, Webmaster, and any other staff member designated by the Area Director.
 - 2.1.4. The term of office for each member of the Area Staff is June 1 through May 31 of the following year. Appointment and reappointment of each member of the Area Staff is at the sole discretion of the Area Director. A member of the Area Staff may resign at any time by written notice to the Area Director.
- 2.2. Voting may be conducted at an in-person meeting or by telephone or video conference so long as all voting members can clearly hear the conduct of the meeting.
 - 2.2.1. A simple majority of the Regional Commissioners and the Area Director shall constitute a quorum.
 - 2.2.2. Each Region shall be allowed one (1) vote. A simple majority of the Regional Commissioners shall carry any vote except for election of the Area Director, which requires a simple majority of all of the Executive Members.
 - 2.2.3. The Area Director's vote shall serve as a tiebreaker only except when the Executive Members are electing the Area Director.

- 2.2.4. A Regional Commissioner may designate a Region representative who shall be counted for purposes of determining a quorum and who may cast a vote in the absence of the Regional Commissioner. The Regional Commissioner must notify the Area Director in advance of any vote if the Regional Commissioner wishes to appoint a representative.
- 2.3. The Area Director shall be selected and elected in accordance with the AYSO Executive Member Selection Protocol.
- 2.3.1. The nominee for Area Director must be approved by the Section Director.
- 2.3.2. The nominee shall not become the Area Director until appointed by vote of the National Board of Directors.

3. PLAYER AND COACH ELIGIBILITY

- 3.1. Each Region shall be responsible for selection of coaches, formation of teams, and insuring eligibility of its players.
- 3.1.1. All Coaches and Assistant Coaches must be 18 years or older, currently registered as a volunteer with AYSO, have successfully passed a current background check and Live Scan fingerprinting, have completed Safe Haven, SafeSport, CDC Concussion Training, Sudden Cardiac Arrest Training, and have completed age appropriate coach training as required by AYSO.
- 3.1.2. Any Coach or Assistant Coach who does not have the required coach training certifications will not be permitted to participate unless the requirement is waived by the Area Director.
- 3.2. Each player must be properly registered with AYSO for the applicable season of play.
- 3.3. Ages of players in each division shall be determined in accordance with AYSO policies. Players shall not be permitted to “play down” in a lower age division without the approval of the Regional Commissioner and the Area Director (which shall be granted only in the most exceptional circumstances, typically based on the player’s physical, mental, or emotional development).
- 3.4. All players must be registered with AYSO as of October 1 of a given year to be eligible to participate in post-season play (Fall playoffs and All Stars).
- 3.3.1. All players must have played in at least one-half (1/2) of the total number of scheduled games for the AYSO Fall Season Program to be eligible to participate in post-season play (Fall playoffs and All Stars).
- 3.3.2. Where extenuating circumstances (injury, illness, etc.) prevail, the eligibility requirements may be waived by the Regional Commissioner with approval of the Area Director on a case-by-case basis.

4. ROSTERS

- 4.1. Each Region shall submit to the Area Director a certified Team Photo Roster generated through Affinity Sports for each team participating in inter-Regional/Area play. Team Rosters must be signed by the Regional Commissioner and must be received by the Area Director no later than five (5) days prior to the start of any inter-Regional/Area play.
- 4.2. The Team Roster shall include the following information:
 - 4.2.1. Region and Age Division.
 - 4.2.2. Head Coach’s and Assistant Coach’s name, phone number and e-mail address and certification level. Rosters may only list one Head Coach and one Assistant Coach
 - 4.2.3. Each player’s name, address, phone number, birth date, and AYSO ID #.
 - 4.2.4. A current photo of the Head Coach, Assistant Coach, and each player. Each photo must have been taken within the past twelve (12) months and must clearly depict the individual. No masks or filters may be used in the photo. No other individuals may be prominent in the photo.
 - 4.2.5. Signature of the Regional Commissioner certifying the players’ eligibility.
- 4.3. Changes to the roster after the season begins may be made only be with the approval of the respective Regional Commissioner and the Area Director. A copy of the revised roster from Affinity Sports shall be delivered to the Area Director prior to the start of the next game.

- 4.3.1. The last day for roster changes for inter-Regional/Area play is October 1st.

5. ID CARDS, MEDICAL RELEASE FORMS AND OTHER REQUIRED DOCUMENTS

- 5.1. No player may participate in any AYSO practice, scrimmage, or match unless an AYSO Registration Form and Medical Release (white form) in paper form with original signature or e-signature of the player's parent or guardian for each player is in the possession of the Head Coach or his/her designee.
- 5.2. A representative of each team at all AYSO practices, scrimmages, or matches must have a Team Photo Roster signed by the Regional Commissioner, AYSO player registration forms for each player, and medical releases in paper form signed by a parent or guardian (e-signature is acceptable) for each player.
- 5.3. Failure to prove the eligibility of one or more players on a team, or falsification of same, may result in the expulsion of the team from the league, and may also result in forfeiture of all games played until the time of expulsion. Further disciplinary action shall be at the discretion of the Area Director.
- 5.4. Unless otherwise required by these Rules and Regulations, the rules of an AYSO program or tournament, or the rules governing playing circuits operated by Section 11, Team Photo Rosters generated through Affinity Sports may be used to verify the players and coaches listed on the team roster. During Area 11K post-season playoffs, the Head Coach and Assistant Coach must have AYSO issued ID cards and must display those cards on a lanyard around their neck at all times while on the field.
- 5.4.1. When official AYSO issued ID cards are required for players, each card shall bear the player's name, picture, AYSO ID #, birth date, season (year), and original signature of the Regional Commissioner.
- 5.4.2. When official AYSO issued ID cards are required for coaches, the Head Coach and Assistant Coach listed on the roster are required to have an AYSO ID card with the same information and signature as the player ID Cards (other than their birthdate). Head Coach and Assistant Coach ID Cards must be worn and remain visible at all times during matches.
- 5.4.3. All AYSO ID cards must be laminated.
- 5.4.4. The Referee should verify before each match that each participating player, Head Coach and Assistant Coach has a properly completed AYSO ID card.
- 5.4.4.1 In the event a properly completed, signed and laminated AYSO ID card is not available at the field, the affected player(s) shall not be allowed to enter the field until the Referee has satisfied him/herself that the player is eligible. The Referee shall report to his/her Regional Referee Administrator the names of any players without properly completed, signed and laminated ID cards and the Regional Referee Administrator shall forward the report to the Area Referee Administrator for forwarding to the appropriate Area or Region for correction.
- 5.4.4.2 In the event the Head Coach does not have a properly completed, signed and laminated ID card and neither does the Assistant Coach, a forfeit shall be declared.
- 5.4.5. The Area Director may declare a grace period at the start of each season for the ID card requirements to allow teams to complete the ID card requirements.

6. FIELD OF PLAY: REGIONAL RESPONSIBILITIES

- 6.1. Each Regional Commissioner hosting inter-Regional/Area play shall be responsible for properly preparing the playing field used in their respective Region(s) to ensure the safety of players and referees.
- 6.2. Each Region shall ensure their fields are properly marked and supply suitable goals, nets, and corner flags.
- 6.3. Field set-up and take-down shall be the responsibility of the hosting Region but may in some cases need the assistance of the other team.
- 6.4. Coaches and players are responsible for cleaning up the general area around the field after their game.

7. TEAMS

- 7.1. A minimum of seven (7) players shall constitute a team (except 10U, which shall be five (5) players).
- 7.2. The maximum number of players on a team shall be eighteen (18) for 19U and 16U teams, fifteen (15) for

14U, twelve (12) for 12U teams, and ten (10) for 10U teams.

- 7.3. Team rosters may be increased to more than the maximum number of players as stated in Section 7.2 with the approval of the Regional Commissioner and the Area Director in accordance with the AYSO National Rules & Regulations.
- 7.4. Regions desiring to have single age teams in the 10U division or above must obtain the prior written approval of the Area Director if the Region desires to have those teams participate in Area play (Fall or Spring regular season, post-season playoffs, or All Stars).
- 7.5. Coed teams are not permitted without written approval from the Area Director. Coed teams, when approved, will play in the Boys division.

8. UNIFORMS AND EQUIPMENT

- 8.1. All player uniforms and equipment shall be in accordance with AYSO National Rules and Regulations.
 - 8.1.1. Uniforms may not be exchanged by players during a game (other than goalkeeper jerseys).
 - 8.1.2. Shin guards must be worn during all practices, scrimmages, and matches. Jerseys shall be tucked in and socks pulled up to fully cover the shin guards.
- 8.2. When a color conflict in uniforms exists, the Home Team shall change jerseys. All teams must have a color change of uniforms or different colored bibs.
- 8.3. The Home Team is responsible for providing three (3) balls of proper size for each match.
- 8.4. Splints of any kind are not allowed to be worn during games. If a splint is removed prior to the match in order for the player to participate, the player will not be allowed to play and the referee will report this to his/her Regional Referee Administrator, Regional Commissioner and Area Referee Administrator.

9. GAME OFFICIALS – REFEREES AND ASSISTANT REFEREES

- 9.1. Regional Referee Administrators shall assign game officials for inter-Regional/Area games assigned to his/her Region by the Area Referee Administrator. Self-assignment by referees is allowed at the discretion of the Regional Referee Administrator.
- 9.2. It is the responsibility of the Regional Referee Administrators to ensure that qualified referees with the appropriate ability cover each game.
 - 9.2.1. Referees should be at least two (2) years older than the players in the applicable game.
 - 9.2.2. Wherever possible, game officials shall not come from the same Region(s) as the teams. It is recognized that this may not always be possible or practical, and referees may step in to cover matches involving teams from their Region when necessary.
- 9.3. All games shall be officiated using the Diagonal System of Control with one (1) Referee and two (2) Assistant Referees. The two (2) person (two whistle) system is prohibited by AYSO. Use of "Club Linesmen" is encouraged when a certified Assistant Referees is unavailable.

10. GAMES; RESCHEDULING

- 10.1. All games shall be played as scheduled. Only the Referee, the hosting Regional Commissioner (prior to the start of the game), or the Area Director for Area 11-K shall have the authority to cancel scheduled inter-Regional/Area games.
- 10.2. The Home Team shall be the team listed first on the schedules. The Home Team shall occupy the North or West side of the field, unless local Regional rules require both teams to be on the same sideline.
- 10.3. Coaches are restricted to the technical area, if marked, or if not marked, an area of ten (10) yards on either side of the Center Line and shall stand back at least one (1) yard from the touchline, wherever possible. Only two coaches will occupy this area during the game.
- 10.4. Players and spectators shall stand back at least three (3) yards from the touchline, wherever possible.
- 10.5. Only players are allowed on the field, except as allowed by the Referee.

- 10.6. Named substitutes, coaches, and spectators shall not be within eighteen (18) yards in front or behind the Goal Line by either goal.
- 10.7. A properly completed Game Card and, if required by the rules applicable to the match, Player, Coach and Assistant Coach ID cards shall be presented to the Referee prior to the start of the game.
 - 10.7.1. Game Cards shall contain the following minimum information:
 - 10.7.1.1 The date, time and location of the game.
 - 10.7.1.2 The name or Region of the Home Team and the Away Team.
 - 10.7.1.3 The name of the head coach and the assistant coach.
 - 10.7.1.4 The first and last name of all players on the team's roster (whether present or not) as printed on the roster, arranged in ascending order by **jersey number (not alphabetical order or random order)**. If a player is absent, the card should indicate the reason.
 - 10.7.2. If provided to the Referee, the Player and Coach ID cards shall be returned to the coaches immediately after check-in.
 - 10.7.3. Game Cards shall be turned in to the home Region according to the Region's policy except in games with misconduct. In the case of misconduct, the game cards are to be retained by the Referee for the purposes of completing a Misconduct Report.
- 10.8. Formal Misconduct Reports must be submitted as required in accordance with Section 14.
- 10.9. Duration of inter-Regional/Area games:
 - 10.9.1. 19U: two (2) forty-five (45) minute halves
 - 10.9.2. 16U: two (2) forty (40) minute halves
 - 10.9.3. 14U: two (2) thirty-five (35) minute halves
 - 10.9.4. 12U: two (2) thirty (30) minute halves
 - 10.9.5. 10U: two (2) twenty-five (25) minute halves
- 10.10. Referees and coaches will use their best efforts to ensure all games start on time.
 - 10.10.1. If a certified Referee does not appear to officiate a match within fifteen (15) minutes from the scheduled kick-off time, the match shall be declared a forfeit for the Home Team.
 - 10.10.2. The Referee shall allow a grace period of fifteen (15) minutes from the scheduled kick-off time before forfeiting the game.
 - 10.10.3. If a game starts late, the game shall be completed by the originally scheduled end time for the game unless the Referee is certain that an adequate buffer remains until the next game begins (which shall be not less than thirty (30) minutes prior to the scheduled start time for the next game). The Referee will adjust the time for each half to have two equal halves of the time remaining (less the five (5) minute break between halves). The Referee will note on the line-up card if the match started late and was cut short accordingly.
- 10.11. In the event games are postponed due to inclement weather, or other significant unforeseen circumstances, the Area Scheduler shall use best efforts to reschedule the games at the earliest possible date and time with the approval of the Area Director.
- 10.12. Requests to reschedule games due to circumstances affecting individual teams may be honored only with the approval of the Regional Commissioner(s) of the affected teams and the Area Director. Requests will be considered only if a team will not be able to field the minimum number of players required to play the game (which would otherwise require a forfeit) or other highly significant reasons. The possibility of having to "play short" is not a valid reason. Requests for rescheduling a game must be made by the Coach of the affected team to the Regional Commissioner no less than 72 hours prior to the start of the game to be considered. If the Regional Commissioner agrees that the game should be rescheduled, the Regional Commissioner shall promptly notify the Regional Commissioner for the other team, the Area Director, the Area Scheduler, and the Area Referee Administrator.
- 10.13. Once a reschedule date and time has been determined, the Area Scheduler will notify the affected Regional

Commissioners and the Area Referee Administrator.

- 10.14. Only an approved rescheduled game will be sanctioned by the Area. If a game is not sanctioned, it shall be considered a practice game, and will not be counted in the standings. Both teams may be subject to a forfeit.
- 10.15. If a game is suspended or terminated by the Referee prior to the completion of the regulation playing time as a result of actions by players, coaches, and/or spectator(s), the final result of the game shall be determined by the Area Director.
- 10.16. If a game is suspended or terminated by the Referee prior to the completion of the regulation playing time for any reason other than actions by players, coaches, and/or spectator(s) (e.g., weather, smoke, darkness, etc.), the following shall apply:
 - 10.16.1. If the game needs a winner, the remainder of the regulation game time will be rescheduled and played at a date and time approved by the Area Director.
 - 10.16.2 If the game does not need a winner, the game score shall stand at the time of the suspension or termination.
- 10.17. No team shall be allowed to benefit from their own forfeiture.

11. GAME SCORING

- 11.1. For inter-Regional/Area, Area K League Playoffs and Area K All Star play, standing points shall be awarded as follows:
 - 11.1.1. Six (6) points for a Win.
 - 11.1.2. Three (3) points for a Tie.
 - 11.1.3. Zero (0) points for a Loss.
 - 11.1.4. One (1) point for a goal (3-point maximum).
 - 11.1.6. A maximum of nine (9) points is possible in any one game. There is no separate point for a shut-out.
 - 11.1.7. A forfeit shall be scored as 3-0 (9 points).
 - 11.1.8. One (1) point deduction per Red Card or Coach / Assistant Coach send off.
- 11.2. All games sanctioned by Area 11-K shall count fully in determining division standings. In the event that not all teams play the same number of games, the standings for that division shall be determined by average points per game.
- 11.3. A tie is an acceptable result for League games and shall be recorded as such. No overtime play is required for regular season League games.
- 11.4. Tie breakers to determine First, Second, Third and Fourth Place (as applicable) will be as follows:
 - 11.4.1. Head-to-Head
 - 11.4.2. Least send offs and dismissals (player and coach).
 - 11.4.3. Goal differential: goals scored, less goal allowed, max differential of three (3) goals per game.
 - 11.4.4. Least total goals allowed
 - 11.4.5. Kicks From the Mark.
- 11.5. Game cards shall be used to record the official game score.
- 11.6. Either coach may report the score of a game. Both coaches shall be responsible for ensuring the game score is accurately reported within twenty-four (24) hours after the game has been completed.
- 11.7. Teams that win a game by a final goal differential of seven (7) or more goals will receive a one (1) point deduction per goals of the offending team, and the point(s) shall be awarded to opposing team after the game ends, in the standings for every goal scored above six (6) goals. Coaches of teams in games that result in a goal differential of seven (7) or more goals may, at the discretion of the Area Director (after consultation with the applicable Regional Commissioner), be required to complete one or more good sportsmanship mentoring sessions or training classes. Repeat offenders may, at the discretion of the Area Director (after consultation with the applicable Regional Commissioner), be suspended for one or two games. Intentional

own-goals or other acts taken for the purposes of increasing the goal differential count is not consistent with AYSO's philosophy of Good Sportsmanship and may result in points being deducted or sanctions against the coach(es) responsible for such conduct.

12. SUBSTITUTION OF PLAYERS; INJURY

- 12.1. Substitution of players in all 10U, 12U, and 14U games shall be in accordance with the AYSO National Rules and Regulations: Approximately mid-way through each half of the game, at half-time or for injury. If agreed by a majority vote of the Regional Commissioners, 14U games may be played using monitored substitutions.
- 12.2. Monitored substitution shall be allowed for all 16U and 19U games, and for 10U, 12U and 14U games in the overtime periods. Each coach is responsible for ensuring that each player on the team roster plays a minimum of one-half of every game where the player is present and able to play. Failure to comply with this requirement may result in the forfeiture of games and possible expulsion of the team from further Inter-Regional/Area play.
 - 12.2.1. Substitutions under monitored substitution may be made at any stoppage in play. The referee must be informed before any proposed substitution is made. Substitutes may not enter the field of play until permission to do so has been given by the Referee and all player(s) to be substituted for have left the field. All substitutes must enter the field at the Half-Way Line on their own side of the field.
- 12.3. If a player is injured, the coach may elect to substitute the injured player or remove the player from the field and play short until the player is ready to return.
 - 12.3.1. For games with "quarter substitution," a player who is substituted receives credit for the entire quarter, regardless of the amount of actual time played in the quarter. A player substituted for injury may not return to the game until the next quarter of play.
 - 12.3.2. If the coach elected to play short, the injured player may return when ready, with the referee's permission.
 - 12.3.3. If a coach, assistant coach or other team official enters the field to care for an injured player, that player must leave the field. The player may return when ready, with the referee's permission.

13. PLAY-OFF GAMES ENDING IN A TIE AFTER REGULATION PLAY

- 13.1. If a tie exists at the end of regulation play in any match in which a winner is required, then two (2) full overtime periods shall be played to determine a winner as provided in Section 13.2. NOTE: This is NOT sudden victory overtime – the entire time of both overtime periods shall be played.
 - 13.1.1. The team with the most goals at the end of the two (2) overtime periods shall be declared the winner.
 - 13.1.2. Teams playing short in regulation time play as a result of send offs shall continue to do so in overtime.
 - 13.1.3. Monitored substitution shall be allowed for all divisions during overtime play only.
 - 13.1.4. The teams shall change ends of the field after the completion of the first overtime period. No half-time break will be permitted, i.e., play in the second overtime period must begin immediately.
- 13.2. The length of overtime play shall be:
 - 13.2.1. Two (2) ten (10) minute periods for 19U and 16U
 - 13.2.2. Two (2) nine (9) minute periods for 14U
 - 13.2.3. Two (2) seven (7) minute periods for 12U
 - 13.2.4. Two (2) five (5) minute periods for 10U
- 13.3. Should a tie remain after the completion of the two (2) overtime periods, a winner shall be determined by the taking of kicks from the mark in accordance with FIFA Law.
 - 13.3.1. If at the end of the overtime periods, one team has a greater number of players than their opponents, they must reduce their numbers to equate with that of their opponents and the referee must be informed of the name and number of each player excluded.
 - 13.3.2. Players on the field at the end of the second overtime period may take part in taking of kicks from the mark, and none of these players may be exempted from the taking of a kick, should the number of kicks required

to determine a winner warrant their participation.

14. MISCONDUCT – SEND OFFS, CAUTIONS & DISMISSALS, GAME REPORTS

- 14.1 A cautioned 16U or 19U player may be substituted, however, should no substitute be available or the coach not wish to substitute, the player may remain on the field.
- 14.3 Any player sent off from the field must immediately leave the field of play but, if under 18, remain in an area that allows the player to be under adult supervision. In the event a player who was sent off refuses to leave the field of play, the Referee shall suspend or terminate the game.
- 14.4 If at any time during the game, the number of players on the field drops below the minimum requirement of seven (7) players (or five (5) players in 10U), the Referee shall abandon the game. The game shall be considered a forfeit for the team with an insufficient number of players.
- 14.5 Any coach or spectator dismissed from the field must immediately leave the game area so as not to be within sight or sound of the field to the satisfaction of the Referee. In the event a dismissed coach or spectator refuses to leave the game area; the Referee shall suspend or terminate the game.
- 14.6 Players sent off or cautioned for infringement of the Laws of the Game, and all disciplinary action resulting from misconduct by players, coaches or spectators, must be reported by the Referee to the Region Referee Administrator and Regional Commissioner of the offending team, the Area Referee Administrator, the Regional Coach Administrator, Area Coach Administrator, and the Area Director by email or in preferred reporting online program within twenty-four (24) hours after the conclusion of the game in which the offenses occurred. The written report shall be made on the Misconduct Report form available on the Area 11K Website. The Area Referee Administrator will confirm that the information was reported to all of the appropriate personnel. Referees without access to email shall report the information by telephone to their Region Referee Administrator to forward to the personnel required by this Section.
- 14.6.1 In addition to a written report, if a player is sent off, a Coach or Assistant Coach is sent off, or a spectator is dismissed from the game area, the Referee shall make an oral report by telephone to the Area Referee Administrator promptly after the game (but not later than the end of the day of the match in question). The telephone number for the Area Referee Administrator is available on the Area 11K Website and/or the Referee Message Board on Matchtrak for Area 11K games.
- 14.7 All inappropriate behavior before, during or after a game, especially verbal abuse directed at game officials, by any player, coach or spectator, shall be reported by the Referee to the Region Referee Administrator and Regional Commissioner of the offending team, the Area Referee Administrator and the Area Director by email within (24) hours after the incident. The Area Referee Administrator will confirm that the information was reported to all of the appropriate personnel. Referees without access to email shall report the information by telephone to their Region Referee Administrator to forward to the personnel required by this Section and make a written report to the Area Referee Administrator by mail. Any such incident, when documented in writing, will be reviewed at the discretion of the Area Disciplinary Committee.
- 14.8 The penalty for a player sent off, or a Head Coach or Assistant Coach sent off, or a spectator who was dismissed from the game area, for any conduct other than as specified below, shall be a one (1) game suspension.
- 14.7.1 If a player is sent off for any of the following three (3) offences:
- 1) serious foul play;
 - 2) spits on or at an opponent or any other person; or
 - 3) uses offensive, insulting, or abusive language.
- the player will receive a minimum of a one (1) game suspension and may receive additional disciplinary action up to and including suspension for the balance of the season. These three (3) offences are considered by the Area to be intolerable behavior and will be dealt with by the Area Disciplinary Committee.
- 14.7.2 The penalty for a player sent off or coach dismissed from the game area for violent conduct shall be a minimum two (2) game suspension plus a review by the Area Disciplinary Committee.
- 14.9 The penalty for a player receiving two (2) send offs or a Head Coach or Assistant Coach being dismissed two

- (2) or more times during the Fall & Playoff season shall be a three (3) game suspension plus a review by the Area Disciplinary Committee.
- 14.10. Notwithstanding anything to the contrary in these Rules and Regulations, any misconduct by a player, Coach, Assistant Coach, or spectator towards a referee, assistant referee, or other game official will be subject to the penalties detailed in U.S. Soccer Policy 531-9 (Misconduct Toward Game Officials in Amateur Matches), a copy of which is available on the Area 11K website.
- 14.11. Depending on the circumstances surrounding a particular incident, stronger penalties may be imposed as deemed appropriate by the Area Disciplinary Committee.
- 14.12. If the Referee is aware that a player and/or coach who has been suspended is participating or interacting with the team or game while serving a suspension, the Referee shall not allow the game to start until the player has left the field of play, or the coach in question has left the game area, to the satisfaction of the Referee. If the game has already started, the Referee shall stop the game, and not allow the game to continue until the player has left the field of play, or the coach in question has left the game area, to the satisfaction of the Referee.
- 14.12.1. If a suspended player plays in a game before the suspension has been served, that player will receive an additional game suspension and the coach will also be suspended for the next game.
- 14.12.2. If a coach who has been suspended coaches the team at a game before the suspension has been served, that coach will receive an additional game suspension.
- 14.13. Violators of the penalties set forth in this section shall be subject to a disciplinary review by the Area Disciplinary Committee.
- 14.14. It is the responsibility of the Referee to assure that information about Cautions and Send Offs issued to players and dismissals of coaches or spectators are noted on the Game Card and in a Misconduct Report, including names and contact information of the Assistant Referees for the match.
- 15. INTER-REGIONAL/AREA PLAY FORMAT**
- 15.1. AREA K LEAGUE PLAY
- 15.1.1. All Regions must declare prior to August 24 of a given year how many teams in each age group will participate in Area 11-K inter-Regional/Area play.
- 15.1.2. Inter-Regional/Area play will be conducted as League play to determine individual team standings within the age group. Once standings of teams are finalized, the teams in good standing will be placed in the Playoff schedules. In the event that not all teams play the same number of games, the standings for that division shall be determined by average points per game.
- 15.1.2.1. The play-off format shall be determined by the number of teams participating in the playoffs.
- 15.1.2.2. Awards will be given in each division as determined by the Area 11-K Board.
- 15.1.2.3. In the event the Region winning an age group in the Area 11-K inter-Regional/Area League Playoffs, elects not to participate in the Sectional Playoffs, the option to participate shall be offered to the Regions in the order of the Play-off results.
- 15.2. DIVISION 10U, 12U AND 14U POST SEASON INTER-REGIONAL/AREA PLAY
- 15.2.1. All Regions must declare prior to November 1 of a given year; in which age groups they will be sending a Regional League team to participate in the Area 11-K League Playoffs.
- 15.2.1.1 Wild Card team selections shall be-on a basis determined by the Regional Commissioners.
- 15.2.2. League play-off format shall be a tournament conducted as determined by the Area 11-K Board. The tournament winner shall be the Area League Champion.
- 15.2.3. In the event the Region winning an age group in the Area 11-K Inter-Regional League Playoff elects not to participate in Section Playoffs, the option to participate in these games shall be offered to the Regions in the order of the Play-off results.
- 15.2.4. The Region winning a given age group in the Area 11-K Inter-Regional League Playoff games shall not be allowed to provide the All-Star Team for that age group in Section Playoffs while refusing to provide the

League Team for the same age group in the Section Playoffs.

16. **ALL-STAR PROGRAM**

- 16.1. Prior to November 1 each year, each Regions must declare by age division and gender the teams they will have participating in the Area 11-K All Star season.
- 16.2. All-Star team selection shall be determined by each Region in accordance with AYSO Rules & Regulations and published to their Region.
- 16.3. All-Star play-off format shall be a tournament conducted as determined by the Area 11-K Board. The winner of the All-Star tournament shall be the Area K All Star Champion.

17. **SPRING PROGRAM**

- 17.1. The spring program shall be administered by the Area Director. Any deviation from the rules below requires the approval of the applicable Regional Commissioner and the Area Director. The format of the spring program will be determined by the Area 11-K Board.
- 17.2. The spring program will have a Recreational League and a Select League. The Recreational League is intended to allow new or less experienced players to develop their skills and play in a fun and more evenly matched environment. The Select League is intended for players who are more experienced and seek to develop their skills in a more competitive environment.
- 17.3. Recreational League teams may not have more than two (2) All Star Players in the 10U or 12U divisions, and no more than three (3) All Star Players in the 14U division. Recreational League teams may not have any EXTRA Players, Club Players or Competitive Level Guest Players. There is no limit on the number of Recreational Level Guest Players that may be on a Recreational League team.
- 17.4. Select League teams in the 10U & 12U divisions are allowed a maximum of three (3) Competitive Level Guest Players. Select League teams in the 14U division are allowed a maximum of four (4) Competitive Level Guest Players.
- 17.5. Teams that played in the EXTRA Program in the immediately prior AYSO fall season are expected to play in the EXTRA Program during the spring season. Any team in the 8U through 12U divisions with three (3) or more EXTRA players, any team in the 13U & 14U divisions with four (4) or more EXTRA players, and any team in the 15U & 16U divisions with five (5) or more EXTRA players, must play in the EXTRA Program (if those divisions are offered within the EXTRA Program in spring). If any of those divisions are not offered within spring, teams with EXTRA players in excess of the numbers stated in this paragraph may play in the Select League.
- 17.6. “Guest Players” are players who were not registered with AYSO and did not play at least one-half of the games in the immediately prior AYSO fall season.
- 17.6.1 “Competitive Level Guest Players” are Guest Players that the team coaches or Regional Commissioner knows or has reason to believe played in a competitive soccer program in the year prior to the start of the spring program, such as a club soccer team, high school soccer team or other similar competitive team.
- 17.6.2 “Recreational Level Guest Players” are all Guest Players other than Competitive Level Guest Players.
- 17.7. “All Star Players” include any players who participated in the most recent All-Star program.
- 17.8. “Club Players” includes any player the team coaches or Regional Commissioner knows or has reason to believe played with a club soccer team during the immediately prior AYSO fall season or are playing with a club soccer team during the current spring season.
- 17.9. “EXTRA Players” include any players who were members of teams in the EXTRA program in the immediately prior AYSO fall season.
- 17.10 All Star Players who elect to “play up” in the next higher division in the spring season will be able to play in the Recreational League if they prefer (e.g., a 12U All Star Player who will play 14U in the spring can play on a 14U Recreational team). EXTRA Players who elect to “play up” in the next higher division in the spring season will be able to play in the Select League if they prefer (e.g., a 9U EXTRA Player who played 9U in the Fall but will play 10U in the spring may play on a 10U Select team).

18. INCIDENT REPORTS

- 18.1. Any personal injury, damaged property, or threats of or actual physical violence surrounding an AYSO game, practice, scrimmage, event, or property must be reported to the Regional Commissioner for the field where the incident occurred, the Regional Commissioner(s) for the players involved, and the Area Safety Director. An AYSO Incident Report must be completed, routed and submitted to AYSO Risk Management in accordance with the written instructions that accompany the AYSO Incident Report.

19. AREA DISCIPLINARY COMMITTEE

- 19.1 The Area Disciplinary Committee shall consist of the Area Director or designee, Area Coach Administrator, Area Referee Administrator and affected Regional Commissioners.
- 19.2 The person subject to a disciplinary action falling under the jurisdiction of and acted upon by the Area Disciplinary Committee may request a hearing in writing within ten (10) days of the date of notification of the action. The Area Disciplinary Committee is not required to hold a hearing or request reports from the parties involved unless a written request for a review to do so is received.
- 19.3 The Area Director, or his/her designee, shall make arrangements for the hearing at a time and location most suitable to all concerned. Unless special circumstances prevail, the hearing shall be accomplished within ten (10) days of the date of the written request for a hearing.
- 19.4 The Area Director, or his/her designee, shall give all parties concerned at least twenty-four (24) hours' notice of the hearing.
- 19.5 The Area Director, or his/her designee, shall serve as the Chairperson, and shall determine:
- (a) Date, Time, and Location
 - (b) Attendees
 - (c) Order in which attendees shall speak
 - (d) Duration of individual testimonies, typically five (5) minutes maximum
- 19.6 Attendees of Area Disciplinary Committee proceedings who are under the age of 18 shall be accompanied throughout the proceedings by one adult who is not a member of the Area Disciplinary Committee.
- 19.7 Only person(s) invited by the Area Director, or his/her designee, shall be allowed to address the Area Disciplinary Committee regarding the issue at hand.
- 19.8 The Area Disciplinary Committee shall deliberate and reach a decision on the issue at hand immediately following the hearing.
- 19.9 The Area Director, or his/her designee, shall communicate (verbally and by e-mail) within twenty-four (24) hours to the parties concerned the results of the hearing and action(s) to be taken.
- 19.10 The decision rendered by the Area Disciplinary Committee shall be final.

AREA K VOTING MEMBERS

David Kuiper

Area Director

Nick Farkas

Commissioner Region 5

Jason McEwen

Commissioner Region 55

Mike Regis

Commissioner Region 56

Saleem Aaron

Commissioner Region 117

Doug Wood

Commissioner Region 143